

PEER-REVIEWED PUBLICATIONS

Julie Beaulac, Ph.D., C. Psych

- Beaulac J**, Balfour L, Corace K, Kaluziński M, & Cooper C (2019). Access and Preferences for Mobile Technology among Diverse Hepatitis C Patients: Implications for Expanding Treatment Care. *Journal of Mobile Technology in Medicine*, 8 (1): 11-19.
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- Beaulac J**, Corace K, Balfour L, Kaluziński M, & Cooper C (2018). Hepatitis C Patient Communication Source and Modality Preferences in the Direct Acting Antiviral Era. *Canadian Liver Journal*. <https://doi.org/10.3138/canlivj.2018-0007>
- Beaulac, J.**, Sandre, D. & Mercer, D. (2018). Impact on mindfulness, emotion regulation, and emotional overeating of a DBT skills training group. A pilot study. *Eat Weight Disord*. <https://doi.org/10.1007/s40519-018-0616-9>
- Tasca, G.A., Koszycki, D., Brugnera, A., Chyurlia, L., Hammond, N., Francis, K., Ritchie, K., Ivanova, I., Proulx, G., Wilson, B., **Beaulac, J.**, Bissada, H., Beasley, E., Mcquaid, N., Grenon, R., Fortin-Langelier, B., Compare, A., & Balfour, L. (2018). Testing a stepped care model for binge-eating disorder: A two-step randomized controlled trial. *Psychological Medicine*, 1-9.
- Kehler DS, Kent D, **Beaulac J**, Stachan L, Wangasekara N, Chapman S, Luchik D, Lamont D, Lerner N, Borenskie S, Avery L, & Duhamel TA (2017). Examining Patient Outcome Quality Indicators Based on Wait Time From Referral to Entry Into Cardiac Rehabilitation. A Pilot Observational Study. *Journal of Cardiopulmonary Rehabilitation and Prevention*; 37(4): 250-256.
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- Beaulac J**, Westmacott R, Walker JR, Vardanyan G & The Mobilizing Minds Research Group (2016). Primary Care Provider Views About Usefulness and Dissemination of a Web-Based Depression Treatment Information Decision Aid. *J Med Internet Res*;18(6):e153
- Beaulac, J.**, & Sandre, D. (2015). Impact of a CBT Psychotherapy Group on Post-Operative Bariatric Patients. *SpringerPlus*, 4:764.

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- Beaulac, J.,** Vincent, N., & Walsh, K. (2015). Dissemination of an Internet-Based Treatment for Chronic Insomnia into Primary Care. *Behavioral Sleep Medicine, 13*, (2), 124-39.
- Tiessen, M., & **Beaulac, J.** (2013). Implications of community-based research for Professional Psychology Training: Reflections from two early career psychologists. *Global Journal of Community Psychology Practice, 4*(3), 1-11.
- Rodriguez, P., **Beaulac, J.,** Walker, J., & the Child Health Research Group (2013). A consumer approach to knowledge translation of health promotion information within primary care. *Global Journal of Community Psychology Practice, 4* (1), 1-9.
- Beaulac, J.,** Kristjansson, E., & Calhoun, M. (2011). "Bigger than hip-hop?" Impact of a community-based physical activity program on youth living in a disadvantaged neighbourhood in Canada. *Journal of Youth Studies, 14* (8), 961-974.
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